

**USHEHWKUNZE BNB¹, HARARE –
JULY 2019 (ECOCASH AND CASH
BASED)**

A. Essential Food Items:					
				Ecocash	Cash ZWL
ITEM	Preferred brand	Unit available	Quantity	\$ZWL AVERAGE	Average
Mealie Meal (breakfast)	Red Seal (Roller meal)	20kg	2	78	64
Cooking oil	D'lite	2Ltrs	2	45	36
Beef	CSC/ Economy/ mixed	1kg	5	95	90
Chicken	Mixed portions	2kg	1	36	17.5
Beans	Sugar beans	500g	4	40	24
Fish	Fresh	1kg	4	80	28
Dried Fish (Matemba)	Kapenta	1kg	1	8	10
Salt	Pro-brands	2kg	1	17	8
Bread	Bakers Inn	1loaf	30	195	195
Drink	Mazoe orange crush	2 litres	2	46	40
Rice	Red seal / Mariana	2 kg	2	23	26
Eggs	Standard	1 crates	2	60	45
Sugar	Hullet (brown) sugar	2kg	2	23	25
Tea (leaves)	Stella	250g	4	8	18
Milk	Steri	500ml	12	48	60
Margarine	Buttercup	2kg	1	50	48
Onions	onions	1kg	10	60	70
Tomatoes	tomatoes	1kg	10	20	70
Vegetables (greens)	rape	1kg	22.5	22.5	33.75
Sub-total				954.5	908.25
B. Essential Non-food items					
Washing soap	Green bar	1kg	5	45	37.5
Bathing soap	Geisha tablets	250g	5	41	25
Washing Powder	Omo	2kg	1	48	23.5
Toothpaste	Colgate	100ml	2	10	16
Sanitary pads	Farai	1 pack	3	46.5	22.5
Toilet paper	Softex	4 rolls	4	32	16
Candles	candles	pack of 6	1	12	12
Matches	Lion	carton	1	5	4
Jelly	Vaseline	250ml	2	54	26
Sub-total				293.5	182.5
C. Rates and other essential services					

¹ The BNB calculations are based on the price tracking undertaken on the 26th of July, 2019 at Chiko Shopping centre, Ushehwekunze

Water & Sanitation (medium cost - fixed)	Water	fixed		5	5
	Average usage/month	m3		10.12	10.12
	Sanitation (Sewage)	fixed		6.5	6.5
Monthly rent (4 roomed house)	Basic Accommodation	per room		65	65
Electricity	Average usage/month			35	35
Sub-total				121.62	121.62
Total for Basic Needs Basket for Ushehwekunze				ZWL ECOCASH 1369.62	ZWL BOND CASH \$1212.37
Other Costs					
Telephone/Communication		ZW\$/month			